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*** Notice ***

IN ACCORDANCE WITH CDC RECOMMENDATIONS AND HEALTH DEPARTMENT ADVISORIES, NSBA HAS CANCELED THE FOLLOWING COMMUNITY EVENTS:

- APRIL LUNCHEON
- ATTENDANCE PARTY

WE'VE ALSO TEMPORARILY POSTPONED OUR 50TH ANNIVERSARY CELEBRATION. WE HOPE TO ANNOUNCE A SAVE-THE-DATE SOON FOR THE MONTH OF SEPTEMBER.

Stay Connected

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Stay Informed

Northsider

Volume 29

April 2020

Issue 4

PRINCIPAL PROMOTES SUCCESS FOR STUDENTS AND NORTH SPRINGFIELD.

If you were in the audience for our March lunch, then you'll probably agree that the presentation by Dr. Kroll, Principal at Hillcrest High School, was almost like a pep rally; full of energy and passion not only for HHS but also north Springfield!



Student retention, graduation and college prep are at the heart of Hillcrest High Schools Arrive at 25 project. Dr. Rob Kroll shared his enthusiasm and expectations for this year's in-coming Freshman who will graduate in 2024.

destination spot to me." Not only is his role important to the success of his students, but he stated, "it's critically important to be involved with NSBA, because I want to see our community improve, especially the north side."

A student produced video depicting top 10 reasons to be at Hillcrest launched the presentation; then Kroll went on to describe the "Arrive at 25" initiative, a project aimed at graduation success, coupled with "College & Career Academies" which gives students exposure to six future career experiences.

Kroll went on to thank those in the audience who supported the recent bond initiative, and sees the outcome of the \$40 million dollar expansion at Hillcrest as one that "instills pride in our community." Among the improvements will be a secure entrance, 30 new classrooms and a new theatre addition.

Of particular interest, as a component of the College and Careers Academy, Hillcrest was able to bring Future Farmers of America (FFA) back to a Springfield High School after a three decade absence.

Kroll extended an invitation to tour Hillcrest; interested parties should RSVP with his office.

Welcome New NSBA Board Members
Justyn Pippins - Vision Group Development
Chauncie Clark - OCH Evergreen Campus



The NSBA Betterment Awards recognize efforts to improve properties in north Springfield. If you'd like to nominate a property owner contact NSBA Board Member Brent Gilstrap.

The Dream Center, located at 829 W. Atlantic, was awarded the NSBA Betterment Award in March. Their facility was founded three years ago and helps families grow toward spiritual, mental and physical stability. According to Executive Director Jody Dow, pictured far right, their goal is to, "provide help for today, hope for tomorrow."



Also pictured receiving the award from NSBA Board Member Brent Gilstrap is Dream Center Development Director Becky Phipps.

Stress and Coping

According to the Center for Disease Control (CDC) the outbreak of coronavirus disease 2019 (COVID-19) may be stressful for people. Fear and anxiety about a disease can be overwhelming and cause strong emotions in adults and children. Everyone reacts differently to stressful situations. How you respond to the outbreak can depend on your background, the things that make you different from other people, and the community you live in.

If you, or someone you care about, are feeling overwhelmed with emotions like sadness, depression, or anxiety, or you feel like harming yourself or others call 911 or the Burrell Crisis Line at 800-494-7355 or text 747741 and put MHFA in the subject line.

People with preexisting mental health conditions should continue with their treatment and be aware of new or worsening symptoms.

Taking care of yourself, your friends, and your family can help you cope with stress. Helping others cope with their stress can also make your community stronger.

Things you can do to support yourself

- Take breaks from watching, reading, or listening to news stories, including social media.
- Take care of your body.
- Make time to unwind. Try to do some other activities you enjoy.
- Connect with others. Talk with people you trust about your concerns and how you are feeling.

Call your healthcare provider if stress gets in the way of your daily activities for several days in a row.

Who We Are



Our Purpose:
To encourage and promote worthwhile and honorable endeavors which will make North Springfield a better place in which to work and live. Our intent is to be alert to our community's needs and well-versed and knowledgeable in order to take constructive action for community betterment.

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Northsider is published monthly and intended to encourage North Springfield business owners and residents to engage in activities, which better their community. All articles should be submitted to the editor three weeks prior to the scheduled luncheon.

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Letter from the NSBA President



We really regret having to cancel our 23rd Annual Attendance Party on May 5th, but like most of us we want to adhere to guidelines set-forth by health officials and governmental agencies. I would like to encourage you to still consider joining the 100 Club - making a gift of a new bicycle or scooter possible at next years Attendance Party.



Also, we will not be hosting our monthly luncheons for the time being, and we will be rescheduling our 50th Anniversary celebration for sometime in September. We'll keep you posted about details of this event in this newsletter and on Facebook.

Most of all, I hope everyone stays safe and in good health at this time, and we'll see you all in the near future.

As always, thank you to everyone for what you do to make north Springfield a great place to live, work and raise a family!

Jacquie Breedlove-Harness, NSBA President

Nate's Notes



DID YOU KNOW?

During this time of classroom interruptions and abrupt changes due to coronavirus it is critical that all adults play a supporting role in keeping students actively engaged in the learning process.

NSBA Notes

Become an NSBA Member Today! Membership Dues

Retired Individuals: \$25
Neighborhood Associations: \$25
Single Membership: \$75
Corporate for 2 individuals: \$125
Corporate for 3 individuals: \$150

Plus 3-person Corporate Memberships will get to present a 10-minute company profile at an NSBA General Meeting

Contact any board member for more information.

*A Single Membership is one person, with or without a company affiliation, who wants to join NSBA.



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Have you thought about serving on a NSBA Committee?

Here are the various committees you can be involved with: Attendance Party, Betterment, Fundraising, Glenstone Islands, Membership, Program and Public Communication.